



the spa

WATERTON PARK HOTEL





life is beautiful

OUR STORY

be pampered with ESPA

Our luxurious spa offers you the opportunity to relax and unwind. Situated in The Waterton Park Hotel with fabulous views overlooking Walton Hall, we have five treatment rooms, manicure and pedicure area and a relaxation room.

Further your experience in Walton Hall where you will find our heated lake level swimming pool overlooking the 26 acre lake, spa bath, sauna and steam room and for the more energetic, a gymnasium. Charlies Bar is open all day serving drinks and delicious homecooked meals.

SPA DAYS

float away for a day

All spa days include a light lunch or afternoon tea, use of the wet facilities, towel, robe and slippers and use of the relaxation room.

dance with me

1 HR 30 MINS / £125

Express Facial and either a Deluxe Manicure or Pedicure.

escape with me

1 HR 30 MINS / £140

Inner Calm Massage and Express Facial.

relax with me

2 HRS / £165

Hero Back, Face and Scalp Massage and an invigorating Foot Treatment.

indulge with me

2 HRS 15 MINS / £165

Hot Stone Massage and Deluxe Manicure or Pedicure.

Contact the Spa on spa@watertonparkhotel.co.uk

ESPA FACIALS

Restore and nourish in a complete sense with this inspired collection of personalised treatments from world-renowned spa experts. Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focussed facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

intensive and age defying

SPA ULTIMATE LIFT & FIRM FACIAL

85 MINS / £115

Restore youthful vitality and improve skin tonicity and firmness with this advanced facial. Using Tri-Active™ ingredients combined with specialized facial massage lifting techniques, this facial helps combat the signs of ageing, stimulate collagen production and deliver intensive results; the benefits of which can be seen immediately.

INTENSE REGENERATING FACIAL

55 MINS / £73

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened and your skin is left feeling beautifully refined, soft and supple.

INNER BEAUTY FACIAL

55 MINS / £73

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

skin solutions

ESPA ACTIVE NUTRIENTS GLOW FROM WITHIN FACIAL

55 MINS / £73

This invigorating nutrient rich treatment embraces ESPA's holistic approach to restoring radiance, feeding your skin and your mood for skin that glows with vitality. Packed with nutrient rich ingredients to brighten and refresh dull, lethargic complexions, the massage movements in this facial will stimulate the lymphatic and circulatory systems and help boost the flow of blood and nutrients to the skin.

SKIN PURIFYING FACIAL

55 MINS / £73

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance. This deep cleansing facial helps to regulate oil secretions and refine open pores. Essential Tea Tree and White Thyme oils, which are naturally decongesting and anti-inflammatory are used to soothe and calm the skin, encouraging a more balanced and clearer complexion.

ESPA MASSAGE

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

ESPA HOT STONE MASSAGE FULL BODY 85 MINS / £90

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

ESPA SWEDISH MASSAGE FULL BODY 55 MINS / £73

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe.

ESPA DEEP MUSCLE MASSAGE FULL BODY 55 MINS / £80

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

ESPA INNER CALM MASSAGE FULL BODY 55 MINS / £73

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

ESPA BODY TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

LIFE SAVING BACK

55 MINS / £73

A stress relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal, followed by a luxurious aromatherapy massage and body mask using individually chosen essential oils combined with a warmed Marine Mud. This relaxing treatment will leave you feeling refreshed and renewed.

ESPA PRE-NATAL RELAX & RESTORE

55 MINS / £73

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

ESPA HERO BACK, FACE & SCALP TREATMENT

85 MINS / £99

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

ESPA BODY WRAP

55 MINS / £73

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.



feel free

pretty fingers and toes

EXPRESS MANICURE	30 MINS / £30
MANICURE	45 MINS / £45
DELUXE MANICURE	1 HR / £55
EXPRESS PEDICURE	30 MINS / £30
PEDICURE	45 MINS / £45
DELUXE PEDICURE	1 HR / £55
DELUXE MANICURE AND PEDICURE	2 HRS / £80
GEL POLISH	45 MINS / £45
GEL SOAK OFF	15 MINS / £5

final flourishes

EYEBROW SHAPE*	15 MINS / £12.50
EYEBROW TINT*	15 MINS / £15
EYELASH TINT*	15 MINS / £15
EYEBROW TINT* AND SHAPE	20 MINS / £20
EYELASH AND EYEBROW TINT*	20 MINS / £20
EYELASH TINT AND EYEBROW SHAPE AND TINT*	30 MINS / £30

**A test patch may be required 24hrs before treatment.*

waxing

FULL LEG	£35
FULL LEG AND BIKINI	£45
½ LEG	£25
BIKINI	FROM £15
UNDER ARMS	£15
LIP AND CHIN	£15
LIP	£7.50
CHIN	£7.50

ESPA FOR MEN

Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

ESPA DEEP CLEANSING FACIAL 55 MINS / £73

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your exact needs, TriActive™ formulas work immediately to purify and reawaken your skin while aromatherapeutic oils relax your mind. Skin looks clear, smooth, energised, while inner calm is restored.

ESPA DEEP MUSCLE MASSAGE FULL BODY 55 MINS / £80

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

INNER CALM MASSAGE FULL BODY 55 MINUTES / £73

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

'HERO' - BACK, FACE AND SCALP TREATMENT 1 HR 25 MINS / £99

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

HOT STONE MASSAGE FULL BODY 1 HR 15 MINS / £90

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

SWEDISH MASSAGE FULL BODY 55 MINS / £73

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe.

men's waxing
BACK AND SHOULDER
CHEST

£25

£20



ESPA EXPRESS OR 'ADD ON' EXPERIENCES

25 MINS EACH / £45 PER EXPERIENCE

25 minute ESPA express experiences are designed for you to enjoy when you are limited on time and need a boost to get you back to your fantastic self. These express experiences can also be 'added on' to complement your existing spa experience, when you need a little more time to yourself;

ESPA EXPRESS FACIAL

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

ESPA EYE LIFT

Smooth, firm and hydrate with this instantly revitalising eye treatment. Targeted massage with proven Tri-Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows.

ESPA BACK, NECK & SHOULDER MASSAGE

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.

SHOULDER, NECK AND SCALP MASSAGE

This massage focuses on the key areas of tension in the upper body, using an ESPA Body Oil chosen to your specific needs.

ESPA SALT & OIL SCRUB

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

INVIGORATING FOOT TREATMENT

Perfect for tired post shopping or party feet suffering with heavy legs, this mini miracle will reduce puffiness, soothe aches and pains while indulging you with a refreshing exfoliation combined with a deeply therapeutic foot and lower leg massage.

SPA BREAKS

the great escape

AVAILABLE ON SUNDAY NIGHTS

£135.00 PP*

One night bed and breakfast plus choose one treatment, either Inner Calm Massage, Instant Radiance Facial Deluxe Manicure or Pedicure.

stay with me

FROM £155 PP*

One night bed and breakfast with your choice of any two treatments from the ESPA express experiences.

celebrate with me

FROM £250.00 PP*

One night dinner, bed and breakfast in an Executive Room with a bottle of prosecco and chocolates in your room. One guest receives Hero Back, Face and Scalp Treatment (1hr 30mins) and one guest receives a Hot Stone Massage, Express Facial and Express Manicure or Express Pedicure (2hr 30mins).

break away with me

FROM £170.00 PP*

One night dinner, bed and breakfast. Plus choose one treatment from either; Instant Radiance Facial, Inner Calm Massage or Deluxe Manicure or Pedicure.

*All spa breaks are based on 2 people sharing. Single supplement applies of £50. Prices vary dependent on day of the week. Prices are subject to seasonal change.

Call 01924 257911 to book



SPA ETIQUETTE

Essential reading to get the most from your spa day

SCHEDULING AN APPOINTMENT

To schedule an appointment for your perfect treatment, please contact Spa Reception who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance.

All spa treatments and packages will need to be guaranteed with a credit card. Please call 01924 257911 to book. Please arrive 15 minutes prior to your appointment time. Treatment times include a consultation.

SPA ATTIRE

Correct fitness attire is necessary to use the gymnasium and pool. For treatments, it's quite normal to wear underwear, we can provide disposable briefs if you prefer.

GIFT VOUCHERS

An ideal gift for someone special. Please contact Spa Reception for details.

All prices are quoted in GBP and are subject to change at any time. Gratuities are not included and are welcomed at your own discretion.

WHAT TO BRING WITH YOU

We recommend that you bring warm comfortable clothing to change into after your class, spa experience and pool sessions. We have hair dryers and amenities.

CANCELLATION POLICY

Cancellations made 48 hours or less prior to arrival day will incur a 100% charge.

MEDICAL CONDITIONS

Some of the treatments that are offered are not suitable for guests with certain medical ailments and conditions. We request that you draw to our attention any of the following conditions at the time of booking: Epilepsy, Allergies, Heart condition, High/Low blood pressure, Scar tissue, Varicose veins, Skin conditions, Diabetes, Cancer, Thyroid, Pregnancy, Recent operations. We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, The Spa is a mobile phone, camera and smoke free zone.





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WALTON HALL

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