Spa & Leisure

Our Hotel Spa is located within the hotel on the mainland.

We have partnered with the luxury brand ESPA and are able to offer you their full range of fabulous treatments, as well as manicures and pedicures. Please see our <u>Spa brochure</u> for the full range of treatments available.

The Spa is open Monday to Friday 10:00am to 7:00pm and Saturday and Sunday 9:30am to 6:00pm

Please ring 240 to speak to a therapist during opening hours or 0 for reception.

Leisure Information

To book a pool session please contact the club on 307 or dial reception on 0 for times and prices

We welcome you to the Waterton Park hotel leisure club, we hope you have a pleasant experience using our facilities. Please familiarise yourself with the information and rules below.

- Lockers take $\pounds 1$ coin or shopping trolley token, please bring this with you.
- Towels are provided
- There is a steep slope entering the deep end so please inform leisure staff if you are a non/weak swimmer and stay within your depth, knowing where the changes in depth occur.
- Please maintain cleanliness around the facilities, showering before entering the pool and between the different areas, wiping down equipment after use.

Be aware 1-1 swimming lessons may be taking place so please allow enough room

OPENING TIMES

Monday- Friday	6:30am – 9.00pm
Saturday and Sunday	7.00am – 9.00pm

All guest may use the pool complimentary from 7.00am – 9.00am, gym access is complimentary throughout your stay.

 Children access times
 7.00am – 9.00am

 4.00pm – 6.00pm
 - 6.00pm

PLEASE NOTE:

- Children under the age of 8 must be accompanied in the pool and changing rooms by an adult.
- Children under 16 must always be supervised in the facilities by an adult.
- Changing rooms close at 9pm, please allow yourself enough time to shower/change.
- A ratio of 2 children to 1 adult must be always followed.
- In busy periods, the pool may be split into families and swimmers.

Please read our Leisure Club Rules

Golf is available on the surrounding course, to check availability or make a booking please call the club house direct on 01924 255557.